

Sutton Hill Medical Practice

Dr Jeremy Richardson
Dr Raja Bandak
Dr Andrew Inglis
Dr Mark James
Dr Zoe Ross



Maythorne Close, Sutton Hill, Telford, Shropshire TF7 4DH

Tel: (01952) 586471

Fax: (01952) 588029

www.suttonhillmedical.co.uk

Information For Patients

Welcome To Our Practice

Practice History

The practice was established prior to the Second World War and covered the present day area of Telford and extended to Shifnal and the surrounding countryside. In 1968 the practice moved from Madeley to the old health centre in Severn Walk and in November 1989 moved to the current purpose-built premises. In April 1996 the practice was extended to accommodate the health visitors and extra car-parking facilities, an ambulance access point and two disabled car-parking spaces with a ramp for wheelchair access were added. The practice continues to run a branch surgery at Shifnal.

The Partners

Dr Jeremy Richardson BSc MBBS MRCP

Qualified at Middlesex Hospital in 1977 and joined the practice in 1982.

Dr Raja Bandak BM DCH DRCOG MRCP

Qualified in Southampton in 1978 and joined the practice in 1984.

Dr Andrew Inglis BSc MB ChB MBA DCH DRCOG MRCP

Qualified in Glasgow in 1987 and joined the practice in 1991.

Dr Mark James BSc MB ChB DTM & H DRCOG MRCP DSM

Qualified in Birmingham in 1991 and joined the practice in 2000.

Dr Zoe Ross MB ChB DRCOG DFFP MRCP

Qualified in Birmingham in 1997 and joined the practice in 2003.

The partners practise together as a non-limited partnership.

All partners are on the obstetric list, perform minor surgery and offer family planning advice and child development clinics.

The Surgeries

The surgery premises are open as follows:

Sutton Hill Medical Practice	Monday - Friday	8.00am - 6.00pm (By appointment only)
	One evening per week	6.30 - 8.45pm (By appointment only)
Broadway, Shifnal	Monday	9.00 - 11.00am (By appointment only)

Seeing Your Doctor

You can see whichever doctor you prefer but it is best if you stay with one doctor for any one episode of illness or health care. If your preference is to see a particular doctor, please let us know and we will note this in your records. It might not always be possible however, and if this were the case an explanation would be offered.

Appointments

Appointments can be made at the desk or by telephoning (01952) 586471. The practice offers same-day appointments. This means that you do not need to book your appointment in advance.

If, however, the doctor has asked to see you again or needs to review your medication, you can pre-book an appointment up to five weeks ahead for a Tuesday, Wednesday or Thursday.

When Arriving For Your Appointment

Please use the self check-in screen on reception to let us know that you have arrived. If you have any difficulties with this, please speak to the receptionist.

Telephone Consultations

The doctor or nurse can often help you over the telephone and this will save you a visit to the surgery. Telephone consultations are available throughout the day with doctors and nurses although they cannot be interrupted whilst consulting except in an emergency.

Cancellations

Please inform us as soon as possible so that we can give your appointment to someone else.

Home Visits

Patients whose health prevents them from attending the surgery can be visited in their own homes. **Requests for house calls are best made before 10.30am.** All requests will be telephoned back by a doctor who will assess the urgency of the request.

Non-urgent requests for reviews of treatment at home will only be accepted before 10.30am except in exceptional circumstances. Please remember, however, that house calls are time consuming and that doctors can see at least three patients in the time taken to visit at home.

Results

We may arrange for results of tests to be given over the telephone by our receptionists. Please telephone 10 days after the blood test. The receptionists will not, however, be able to discuss the results with you and you may still need to consult a doctor.

Out Of Hours

Telford and Wrekin Primary Care Trust is contracted to provide out-of-hours care for our patients. For any emergencies when the surgery is closed, including evenings, weekends and bank holidays, you should ring the surgery on (01952) 586471. Alternatively, you can telephone directly to the Out-of-Hours service on 08444 06 8888 where your call will be dealt with by a GP/healthcare professional.

You may be asked to visit the emergency treatment centre (SHROPDOC) at the Princess Royal Hospital when the practice is covered by a doctor from the area. Visits will be accepted if the patient's condition warrants this. All the details from home visits will be made available to your GP the next working day.

Advice can also be obtained by telephoning NHS Direct on 0845 4647 or accessing NHS Direct Online at <http://www.nhsdirect.nhs.uk>. These services are available 24 hours a day.

Repeat Prescriptions

For patients who are on long-term medication a repeat prescription will be issued. This prescription will state the number of repeats available before you next need a further review with your doctor. These reviews should be booked up to four weeks ahead of time with your own doctor, on Tuesday, Wednesday or Thursday. To obtain a repeat prescription please telephone (01952) 583800 where an answerphone will take your request. Requests can also be made by e-mail to suttonhill.medicalpractice@nhs.net. Your prescription can then be picked up after two working days from reception or the chemist at Sutton Hill, Madeley or Shifnal.

Patients living in Shifnal and Norton should also use the answerphone or e-mail for repeat prescription requests. All Shifnal prescriptions are collected by the Shifnal chemist unless it is stated on the answerphone that the prescription for a Shifnal patient is to be kept at the Sutton Hill surgery. Norton prescriptions can be sent to the Shifnal, Sutton Hill or Madeley chemist.

Please state when ordering your prescription where you would like it to be sent.

All prescription requests for any chemist require three working days.

Chemists

The practice is covered by several chemists, some of which are open outside surgery hours. A list of these appears in the local paper, but in case of difficulty contact your GP who will be happy to advise you. Tesco Pharmacy at Wellington Retail Park is open Monday to Saturday 8.00am - 9.00pm and Sunday 10.00am - 4.00pm.

A list of local pharmacies with telephone numbers is included on the back cover of this booklet.

Casualties

During surgery hours, minor casualties requiring stitching and dressings can be dealt with at the surgery. Major injuries and suspected broken bones should go to the casualty department of the Princess Royal Hospital, Apley Castle, Telford.

Disabled Patients

There are two disabled car-parking places in the main car park behind the surgery. A wheelchair ramp between these parking places allows easy access to the main surgery entrance and chemist.

The surgery premises are fully accessible for wheelchair users and there are disabled toilets by the main surgery waiting room and in the health visitor extension block. All consultation rooms for doctors, practice nurses, health visitors and district nurses are on the ground floor.

Health Visitors

Telford and Wrekin Primary Care Trust employs three health visitors who are attached to the Sutton Hill practice and work from the Sutton Hill Clinic annexed to the surgery building. Health visitors can be contacted by phoning (01952) 586360 when your message may be taken by an answerphone. The well baby clinic is held on Wednesday from 1.30 - 3.30pm when welfare foods (baby milk and vitamins) are also available. No appointments are needed for this session.

District Nurses

The district nurses are available for home nursing care when necessary and also general nursing advice. Advice and help in dealing with incontinence aids can also be obtained from the district nurses, who can be contacted before 9.30am on (01952) 585680.

Vocational Training For GPs

We are privileged to be approved as a training practice for doctors who have had extensive hospital experience and who have decided to make general practice their career. They join our practice team for up to a year before entering full time general practice. We may also be involved in the teaching of junior doctors, medical students and nurses. A video camera may be used occasionally, with your permission, so that the standard of your consultation can be checked. This would only be viewed by the doctor concerned and their trainer.

The Sutton Hill Families Project

The project incorporates five groups. These are:

MASH (Mondays at Sutton Hill) - A drop-in group open to residents of Sutton Hill, meeting at Sutton Hill Youth Centre on Monday 10.30am - 12.30pm.

Family Group - A discussion based group for families, meeting at Sutton Hill Youth Centre on Thursday 1.00 - 3.00pm.

Little Devils - A drop-in for mums (under 25), meeting at Sutton Hill Youth Centre on Tuesday 1.00 - 3.00pm.

Before Parenthood And Beyond - A group for expectant mothers and those with babies, meeting at Sutton Hill Youth Centre on Wednesday 10.00am - 12 noon.

Moving On Group - A group for children over one year old with activities and opportunities for children and parents to work and have fun together, meeting at Sutton Hill Youth Centre on Wednesday 1.00 - 2.30pm.

Outreach Clinics

These provide outreach work for families with more complex needs who might benefit from support at home. The service is available to those resident in Sutton Hill, Hills Lane or Madeley who have a child under five in the family.

Hearing Aid Clinic

Princess Royal Hospital provides a hearing aid clinic every first and third Friday of the month. The morning session is by appointment after referral from your doctor and the afternoon is a drop-in session for repairs to hearing aids.

Our Practice Staff

Business Manager

Val Eastup

Office Manager

Michelle Walker

Secretaries

Nicola Bennett and Nicola Wright

Repeat Prescriptions

Janice Francis and Natalie Handy

Reception Staff

Janice Francis, Marie O'Prey, Natalie Handy, Rosalind Salter, Emma Wardroper, Tracy Oliver and Emma Evans.

Practice Nurses

Hazel Johns RGN, Marie Beddows RGN and Gill Gwilt RGN

Health Care Assistants

Janet Collins and Tracey Gamble

Business Manager

The business manager may be able to help you with any administrative or non-medical aspects of your health care and is also available to discuss any suggestions or complaints.

Receptionists

The receptionists are your link with the rest of the practice; they will try in every way to help you and the more information you are able to give them then the better they will be able to assist you. Our staff always aim to be courteous and we greatly value their contribution to the smooth running of the surgery.

Practice Nurses

The practice nurses offer a wide variety of health promotion clinics and also offer such services as assessment of casualties, ear syringing, immunisation for children, influenza and pneumococcal vaccinations, cervical smears, travel advice, smoking cessation, blood tests. The nurses are available to give telephone advice on minor medical problems. They are available by appointment during surgery hours.

They are particularly successful at helping people to quit smoking.

Other Services

The practice runs a range of health promotion clinics which includes:

New Patient

If you wish to register with the practice please speak to the receptionist who will advise you to bring along your medical card or complete a registration form and a new patient questionnaire. On registration all new patients are asked to attend the new patient clinic to see the healthcare assistant for a review of their previous medical history, current health, immunisation status, blood pressure, weight and height checks.

Childhood Immunisations

These are performed by our practice nurse in a special clinic on Wednesday mornings. If this is inconvenient, our nurses will immunise children at any time. As a practice we are strongly committed to preventative medicine and hope that all parents will have their children fully immunised.

Child Surveillance

An eight week check on all babies is offered by appointment on Wednesday mornings and the first immunisation follows immediately afterwards. Please bring a spare nappy for this appointment.

Antenatal Clinic

All doctors offer a full maternity service. Antenatal clinics are held every Tuesday morning by appointment (in the health visitor annexe) and are run by the community midwife.

Family Planning

We do not hold a family planning clinic but all partners offer full contraception services (including the fitting of coils and caps) in ordinary surgery times.

Audiology

Patients above school age may have audiology (hearing test) performed by special arrangement. Further details are available from reception.

Hearing Aid Batteries

These are available from reception. Patients should please bring the brown record book with them.

Faulty Hearing Aids

These can be examined by a hearing aid technician on the first and third Friday of every month between 2.00 - 4.00pm. No appointment is necessary.

Quit Clinic

To help patients to stop smoking, this clinic is held every Monday by appointment with the QUIT nurse.

CHD Clinic

All patients with coronary heart disease are reviewed annually with the nurse by appointment.

Travel Advice

Up-to-date advice about which immunisations are required for travel abroad, the timing of any injections and general precautions to avoid illness abroad are offered by the nurses. Please make an appointment well in advance of when you are due to travel.

Asthma

Regular reviews and advice for patients who need treatment for asthma are offered by the nurses and doctors.

Diabetes

The practice offers full medical care and supervision of diabetes at special surgery sessions with the health care assistant, nurses and doctors. All diabetic patients are also seen annually by the chiropodist for diabetic foot screening and given dietary advice by the dietician.

Blood Pressure

If the doctor wishes you to have your blood pressure checked an appointment will be made for you to see the health care assistant.

Cryotherapy

The freezing of skin lesions with liquid nitrogen is available by special arrangement with Dr Inglis. It is necessary to discuss the treatment with a doctor before it is authorised.

Minor Surgery

All partners will perform minor surgery from the fully equipped treatment room. Examples include the removing of cysts, moles and skin lumps and sometimes doctors will also arrange for the treatment of ingrowing toenails and joint injections.

Blood Tests

A phlebotomist attends the practice on Wednesdays from 8.30 - 11.00am to take blood for testing. If this is not convenient an appointment can be made with the health care assistant or practice nurses. Please do not eat anything for 12 hours before this and only have water to drink.

Counselling

A counsellor is attached to the practice. Patients wishing to see the counsellor should ask for a self-referral form from the secretary.

Substance Misuse

Patients can be seen by all doctors for substance misuse and also by a member of the Community Substance Misuse Team as part of the Telford and Wrekin Shared Care Programme.

Specialised Sexual Health Services

Patients can be seen at special appointment times by Dr Ross, Dr James or Dr Inglis. Please ring reception if you would like screening for sexually transmitted infections and ask for a GU appointment.

In Addition

Consultations may be requested by registered patients aged 16 - 75 who have not been seen for three years and also by registered patients aged over 75 who have not been seen in the previous 12 months.

Confidentiality/Access To Patient Data

Confidential patient data will be shared within the practice health care team and with other care professionals to whom you are referred for care. Your data may be used by those clinical teams providing your care for the essential purpose of clinical audit.

Confidential patient data may also be required for the broader purpose of public health, the provision of health care services, teaching and training. Data disclosed will be kept to the minimum required to serve the purpose and if possible will be anonymised before disclosure.

Confidential and identifiable patient information will not be disclosed otherwise without explicit consent unless:

- (1) It is a matter of life and death or poses serious harm to you or to another individual.
- (2) It is overwhelmingly in the public interest to do so.
- (3) There is a legal obligation to do so.

In all of these circumstances the minimum identifiable information that is essential to serve the purpose may be revealed to someone with a legal entitlement to access the data for that purpose.

All individuals with access to your data have a professional and/or contractual duty of confidentiality.

If you are concerned about any of the ways in which your confidential data is accessed, further information is available from the business manager. You are entitled to register an objection, which will be respected if this is possible.

Freedom Of Information – Publication Scheme

The Freedom of Information Act 2000 obliges the practice to produce a Publication Scheme. A Publication Scheme is a guide to the 'classes' of information the practice intends to routinely make available. This scheme is available from reception.

Access To Medical Records

All patients are entitled under the Data Protection Act (1998) and the Access to Health Records Act 1990 to check any data concerning them, held in their medical records and on computer, is accurate. Any requests should be made in writing to the business manager.

Patient Rights And Responsibilities

You have a right to expect a high standard of medical care from our practice, and we will try at all times to provide the very best care possible within the resources available.

In order to assist us in this we require that you take full responsibility for ensuring that you do not abuse the service. For example, it is your responsibility to ensure that you keep medical appointments and follow the medical advice given.

Very occasionally, a patient/practice relationship breaks down completely. In this situation the patient may choose to register with a different practice. The practice also has the right to remove that patient from their list. This would generally only follow a warning that had failed to remedy the situation and we would normally give the patient a specific reason for the removal.

Violent Patients - Zero Tolerance

The NHS operates a zero tolerance policy with regard to violence and abuse, and the practice has the right to remove violent patients from the list with immediate effect in order to safeguard practice staff, patients and other persons.

Violence in this context includes actual or threatened physical behaviour or verbal abuse which leads to fear for a person's safety.

In this situation we are obliged to notify the patient in writing of their removal from the list and record in their medical records the fact of the removal and the circumstances leading to it. Telford and Wrekin Primary Care Trust is then responsible for providing further medical care for such patients.

Suggestions/Complaints

A suggestion box is available in the waiting area and we would value your contributions. If you have any complaint or concern about the service you have received from the doctors or staff working in this practice, we would ask you to contact the business manager who will be pleased to assist you and investigate your problem, which we will try to resolve within 25 working days. You can, however, seek help from Telford and Wrekin Primary Care Trust on (01952) 580300; they provide a conciliation service.

If, however, your complaint is not resolved, you may ask the Healthcare Commission to review your case. You should make your request within two months of your reply from the practice. The Healthcare Commission can be contacted by telephone on 0845 601 3012 or by letter at: Healthcare Commission, FREEPOST NAT 18958, Complaints Investigation Team, Manchester M1 9XZ or visit their website at www.healthcarecommission.org.uk

Practice Newsletter (Maythorne Matters)

The newsletter is published quarterly in January, April, July and October.

We welcome any suggestions or contributions for future newsletters. Please address such to the business manager.

Telford And Wrekin Primary Care Trust

Telford and Wrekin Primary Care Trust is party to the NHS Contract held by this practice. Further details of primary medical services in this area may be obtained from them at:

Telford and Wrekin Primary Care Trust, Sommerfield House, Sommerfield Road, Trench Lock, Telford, Shropshire TF1 5RY, or log onto their website, www.telfordpct.nhs.uk

PRACTICE BOOKLETS ARE SPECIALLY PREPARED BY
Neighbourhood Direct Ltd A MEMBER OF THE OLDROYD PUBLISHING GROUP LTD

Keenans Mill, Lord Street, St Annes-on-Sea, Lancs FY8 2ER
Tel: 01253 722142 Fax: 01253 714020
Website: <http://www.opg.co.uk> Email: info@opg.co.uk

COPYRIGHT WARNING: All rights reserved. No part of this publication may be copied or reproduced, stored in a retrieval system or transmitted in any form or by any means electronic, mechanical, photocopy, recording or otherwise without the prior written permission of the publisher.

The practice would like to thank the various advertisers who have helped to produce this booklet. However, it must be pointed out that the accuracy of any statements cannot be warranted, nor any products or services advertised, be guaranteed or endorsed.



JAD Building Maintenance & Landscaping



- Renovation, Internal & External
- Log & Wheelie Bin Stores
- Ledge & Brace Doors
- Kitchens & Bathrooms
- Timber & Ceramic flooring
- Slabbing & Decking
- Open Timber Verandas

Please give us a call and we will arrange to come and view the job and give you a free estimated quote.

Tel: 01952 463213
Mob: 07905450963
Janetd0v@yahoo.co.uk



No1 for eye tests

103 The Borders, Telford Shopping Centre
Telford. Telephone 01952 200100
51 New Street, Wellington
Telephone 01952 245577
www.specsavers.co.uk

Spare Keys

NEVER leave a spare key in a convenient hiding place such as under the doormat or in a flowerpot - a thief will look there first. If you've moved into a new house, consider changing the back and front door locks - other people may have keys that fit.

Don't make it easy for the burglar.

General Builder

Carrying out building work can be quite stressful, disruptive, inconvenient and costly. To minimise the impact on the home owner of any building work, it is important to take time to make sure you choose the right builder.

Ask around. The best guide to which builders in your area do the best job, and for the right price, will come from the personal experience of your friends and neighbours. Make sure you find a builder who will take responsibility for the whole job and project manage it. Some of the contractors - electricians, plumbers, heating engineers, tilers etc - may very well be sub-contractors brought in for a specific part of the job but the builder should accept overall responsibility for their work.

A builder who has been trading in the area for many years is very likely to fit the bill in that he couldn't have survived for so long without a good reputation! Membership of a recognised trade body will give you added confidence in his ability and integrity.

A good local builder is worth his weight in gold!

ADVERTISING FEATURE



Transplants save lives

Join the NHS Organ Donor Register

0845 60 60 400
www.uktransplant.org.uk

To advertise **your** business to **our** patients on low cost, easy payment terms call 0800 0234 196.

Children's Health

How can I make my child's lunchbox healthier?



Sandwiches

Carbohydrates are an important energy source that give our bodies some get-up-and-go! Cheese may be a good source of carbohydrates, but let's face it, cheese sandwiches can be boring! However, there are other ways to make sandwiches more interesting.

You can use different types of bread, such as pitta, bagels, wraps and baguettes. Where possible, use brown, wholemeal or granary bread. If your child doesn't like brown bread, buy 'whole white' bread. This is white bread made with one-third wholemeal flour. Alternatively, you could make a sandwich using one slice of whole white bread and one slice of wholemeal or granary bread.

It's important to balance a child's intake of carbohydrates with protein, a little fat and fibre. Pack sandwiches with tasty fillings such as chopped banana and peanut butter, chicken or ham with mixed salad, or low-fat grated cheese with tomato and cucumber.

Use low-fat margarines but avoid using mayonnaise as it has a high fat content. If you are unsure how healthy something is, check the nutritional information on the label to find out how much salt, fat, fibre and carbohydrates are in a product.

As an alternative to sandwiches, why not make extra pasta or rice, when cooking dinner the night before, and put some in a pot for lunchtime. Leftover slices of cold pizza made with a thin base and topped with lots of vegetables or lean meat are another tasty option.

Fruit and veg

Children often like food they can eat with their fingers, so try chopping up raw vegetables such as carrots and peppers, to dip in humous or cottage cheese. Breadsticks, oatcakes and wholemeal crackers also make good finger food.

Replace sugary foods like chocolate and cake with low-sugar cereal bars, nuts, and dried fruit, such as raisins, apricots or prunes. Fruit makes an ideal dessert or snack and is packed with healthy vitamins and minerals. Keep lunchboxes interesting by varying the fruit each day and encourage your child to try new things like kiwi fruit, grapes or chunks of melon.

Healthy drinks

Make sure that your child drinks plenty of fluid so they are well hydrated. However, try to avoid fizzy drinks because they often contain large amounts of sugar and are bad for your children's teeth. Instead, give them still or sparkling water, semi-skimmed or skimmed milk or unsweetened fruit juice.

Your children may take a while to get used to a healthy lunchbox, so it's important to praise them when they try new foods. It's also a good idea to save things like chocolate, crisps and pastries for the occasional treat.



Generate more business with a Pay - Monthly website from OPG



OPG - HELPING THE SMALL BUSINESS GROW FOR OVER 30 YEARS

We will design and launch a top quality bespoke business-generating website for you, update it regularly at your request and provide on-going advice and support every working day.

from £20 per month

There is no up-front payment and no extras, with an option to choose a pay-as-you-go, stop-when-you-like service.

To find out more simply call

0800 612 1408

or email us at payasyougo@opg.co.uk

Why your business needs a website

WITHOUT a website, your business or practice is *invisible* to the two thirds of prospective clients that use the Internet to locate products and services, and this figure grows daily.

Worse still, if your competitors have a website and you don't, then they are picking up your share of the prospects for your type of business when they search online.

Pay As You Go websites are proving to be a godsend to small and medium-sized businesses across the UK and Ireland.

Introduced by OPG Ltd, who have been building websites for more than eight years, and whose innovative ideas have been helping businesses to grow and prosper for over 30 years, they provide businesses and professional practices with 24/7 access to their targeted market.

A website not only saves you money on brochures and other such material, it greatly increases the effectiveness of your current advertising because, in effect, you are open for business around the clock.

Uniquely, the Pay - Monthly service comes with Web Partner support. This 'phone-a-friend' facility will provide answers to your queries and help you develop your site as your business grows.

So if you don't yet have a website, or are unhappy with the one you have, call today for an informal chat on 0800 612 1408. You'll be glad you did!

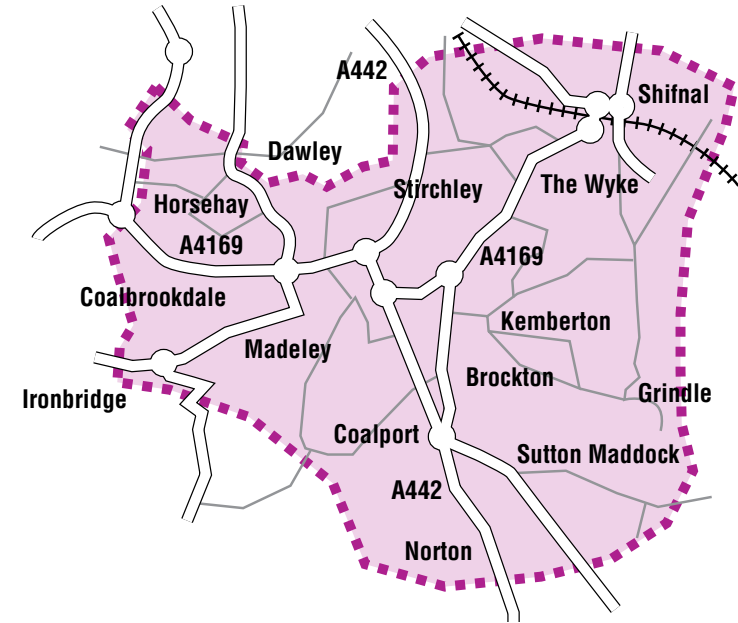
Attract **more business** by placing your advert **here**. Simply call 0800 0234 196.

If **YOU** are reading this,
then so could patients
looking for your kind
of service.



To place an advertising feature
in our practice booklets
and book a daily reminder
of your service on our
appointment cards and website
simply phone Jenny Mellenchip
now on 0800 612 1516

The Practice Area



If you move outside the practice area and wish to remain a patient of the practice, please speak to the business manager.

Notes

Useful Telephone Numbers

Princess Royal Hospital.....	(01952) 641222
Royal Shrewsbury Hospital	(01743) 277500
Telford And Wrekin Primary Care Trust.....	(01952) 580300
Shropshire County Primary Care Trust.....	(01743) 261300
Health Visitors, Sutton Hill.....	(01952) 586360
Social Services, Telford.....	(01952) 202870
Samaritans	(01952) 256161
Special Clinic (Genito-urinary)	(01952) 222536
Citizens Advice Bureau (Town Centre).....	(01952) 291101
Wrekin Maternity Unit, Princess Royal Hospital.....	(01952) 222315
Community Mental Health Team.....	(01952) 680104
Community Substance Misuse Team.....	(01952) 222229
NHS Direct	0845 4647
Out-Of-Hours Contact Number	08444 06 8888

Local Pharmacies

Rowlands Pharmacy, Sutton Hill.....	(01952) 586151
Anstice Pharmacy, Madeley	(01952) 585717
E Moss Ltd, Shifnal	(01952) 461273
Lloyds Chemist, Dawley	(01952) 505029
Tesco Pharmacy	(01952) 656400
Boots Chemist, Telford Town Centre.....	(01952) 291351
Boots Chemist, Stirchley.....	(01952) 596620
Superdrug, Telford Town Centre	(01952) 291524
R E Illman, Woodside	(01952) 586516
Broseley Chemist	(01952) 882262
Prime Care, Hollinswood.....	(01952) 299925